

Arrive With Kindness Bingo

Complete these acts of kindness to fill out your bingo card!

Write encouraging messages on the sidewalk in chalk	FaceTime a friend from school that you don't talk to very often	Write a note to a parent to let them know you love them	Call your grandparents	Make your parents breakfast, lunch or dinner
Do your chores without being asked	Host a virtual game night with friends	Place signs with kind messages in your windows for others to see	Send a friend a nice text message	Write a thank you note to a teacher
Make a friendship bracelet to give to a friend	Do a chore for a sibling	Pull weeds/rake leaves or shovel for a neighbor or your parents	Give a compliment to someone	Send a care package to deployed soldiers
Pick up litter at the park	Call a relative just to say hello	Tell your family members one thing you like about them	Leave a note for delivery drivers or mail carrier	Collect old books to give to a children's shelter or local library
Make notes/drawings to take a senior center	Curbside caroling with your family	Prepare a meal for your family	Make a family member breakfast in bed	Write a note to your friend with a list of things you love about them

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If you are interested in more Bingo cards, you can email Info@arriveutah.org for other pre-made Bingo cards that you can print off - or you can make copies of the blank Bingo card to fill in with your own ideas of Acts of Kindness!

If you have any other questions or suggestions, please do not hesitate to reach out to us.

If you post photos or videos on social media, please tag [@ArriveUtah](https://www.instagram.com/ArriveUtah) and use [#ArriveWithKindness](https://www.instagram.com/ArriveWithKindness) to be featured on our channels for your acts of kindness.